

Text:

Name: Lotfi

Surname: Mansour

Situation of integration:

I'm not really a healthy eater but I try to do my best. I eat two or more pieces of fruit every day and I have some vegetables, two portions a day. I prefer lean meat like chicken and fish.

However, I sometimes go to the fast food restaurant where I order burgers or pizzas and sodas. I know they are high fat products but they are tasty and I like them.

I have to make some changes to my diet and eat less calories. So I drink a lot of milk and I usually have some yoghurt and cheese. I promise I will not buy pastries; These are often made with butter, sugar, cream and eggs.

Section one: Reading comprehension

A-1- Choose the most suitable title (01pt)

- a- The fast food restaurant
- b- My eating habits
- c- Desserts.

2- What do the underlined words in the text refer to (01pt)

They	
These	

B- Read the text carefully and answer these questions: (03pts)

- Does Lotfi's mother prepare burgers at home?
- What are the ingredients to make pastries?
- Why does he make changes in his diet?

C- Match each word with its definition. (02pts)

- | | |
|------------------------|-------------------------------|
| cheese | a place to eat cheaply |
| tasty | the principal part of a meal. |
| a fast food restaurant | a dairy product |
| order | to ask for food and drinks |
| | delicious |

Section Two: Mastery of language

a- Write the capital letters and the punctuation where necessary (1.5pt)

lotfi eats healthy food doesn't he

b- Complete this table: (02pts)

Adjective	Comparative	Superlative
Healthy***
.....	Less	The least
.....*	More	The most

c- Make these statements negative (1.5pt)

- Eat high-fat meat.
- I went to a fast food restaurant yesterday
- They make delicious dishes there.

d- Pick out from the text words that have these vowel sounds: (02 pts)

/i/	/i:/
1.....*	1.....*
2.....**	2.....*

Situation of integration: (06pts)

Like Lotfi, your teacher asked you to write about your diet.

Which meals do you have everyday?

What do they contain? Are they healthy?