

Correction of the second Term Test:

Part One: A/- Reading Interpretation (8 pts)

1. Circle the letter that corresponds to the right answer: (1 pt)

A. The text is: c. Expository

2. Say if these sentences are true or false according to the text: (2 pts)

a. true b. false c. false d. false

3. Answer the following questions according to the text: (3 pts)

a. A fit person is different from an unfit person is that he is able to withstand fatigue for longer periods than the fit one, he is better equipped to tolerate physical stress and has stronger and more efficient heart.

b. People manage to keep a weight balance by coupling a sensible dietary programme with a regular balanced programme of exercise.

c. The benefit of exercise to our body is you burn calories, you may notice an increase in your weight rather than a reduction and it will improve the way you look and feel.

4. What or who do the underlined words refer to in the text? (1, 5)

a. This control can be exerted (§2) = weight control

b. The less of it (§3) =fuel

c. Which combines (§5)= way of taking off and keeping it off

5. Choose the most appropriate title to the text: (0, 5)

c. Energy Balance.

B/- Text Exploration: (7 pts)

1. Find in the text words which are closest in meaning to the following: (0, 5 pt)

a. bear (§1)= withstand.

b. Rejected (§3) = discarded

2. Find in the text words or phrases which are closest in meaning to the following:

decrease (§2)≠ increase useless (§4)≠ useful

2. Divide the following words into roots and affixes: (1, 5 pt)

Calories- reduction- withstand

Prefix	Root	Suffix

3. Complete sentence (b) so that it means the same as (a): (1, 5 pt)

a. Through exercise practice, you lose weight.

b. If you exercise , you will lose weight.

a. You may very well notice an increase in your weight rather than reduction.

b. It's

a. The body stores fuel or calories as fat.

b. Fuel or calories are stored by the body as fat.

4. Decide whether you give the gerund or the present simple form to the verbs between brackets. (1, 5 pt)

Playing some sports regularly go a long way in maintaining your physical and mental wellbeing. It also socializes our lives and teaches us many skills when practicing it within a group.

5. Reorder the following sentences to get a coherent paragraph. (1 pt)

حي قعلول سبرج البحري- الجزائر

- 3 a. Restoring the balance between the amounts of the consumed food.
- 1 b. Eating junk food causes obesity among children.
- 4 c. and the right amount of energy can be obtained by practicing sport.
- 2 d. It is as dangerous as smoking.